

Night training for ski tourers

Night-time ski touring training on the Diavolezza slope

Information and rules

Emercency Number, Swiss Alpine Rescue/Swiss Air Rescue (Rega): 1414

- On Fridays from 7.00 p.m. to 9.00 p.m.
- You must wear a headlamp.
- Do not go up or down alone. Stay in groups of at least two at all times when on the route.
- Head back to the valley station by 9.00 p.m. at the latest. From 9 p.m. onwards, snow groomers with winches and cutters will be in operation these can be a **danger to life!**
- The Diavolezza Lagalb AG SOS slope and rescue service **does not operate** during the night training sessions.
- Heed all warning signs and closure signs (e.g. risk of avalanche, avalanche blasting).
- Do not leave marked slope 2a or 2b.
- You must follow the instructions issued by the Diavolezza/Lagalb cable car staff.
- The 10 FIS rules also apply to ski tourers.
- You ascend and descend at your own risk and under your own responsibility.
- No snowshoeing.
- Check the information board at the entrance to the valley station to find out about the current status of night training slope No. 2a/2b.

- Outside of the night training period, slope 2a/2b is closed and not protected against dangers such as avalanche blasting or snow groomers with winches and cutters. **These can pose a danger to life!**
- Check the current avalanche situation at www.slf.ch.
- Safety equipment: Avalanche transceiver, avalanche shovel and avalanche probe. Wearing a helmet is recommended.
- Clothing: wear clothing that is appropriate for the weather.
- Eating and drinking: Take plenty of breaks and drink enough fluids (no alcoholic drinks). Having a small snack during the ascent is recommended.
- Do not leave any litter or waste behind on the route.